

NASHOBA VALLEY SKI PROGRAM 2018

Information & Rules for Participants

Please read thoroughly and share with your children!



General Information

- The Program begins Monday, January 8th and runs 5 weeks through Monday, February 12th. (Makeup weeks and cancellations are explained on the next page)
- The Ski Fitting Night for those that need to rent equipment will be held at the Wayland Town Building on Monday, December 4, from 4:30pm – 6:30pm.
- For child's safety, the use of a helmet is **highly** recommended while on the slopes and can be purchased the ski fitting night from Nashoba staff.
 - Bike helmets are not recommended.
- Please ensure that your child/children are dressed appropriately with a jacket, snow pants, hat, and gloves (marked with names) each week!
- The first day of the program, your child will be issued a ski lift badge that they are required to wear each day of the program. Without this, Nashoba cannot allow them on the slopes. Replacement tags are \$5.00 each.
- Chaperones will check into the First Aid office upon arrival at the mountain. If your child needs to speak to a chaperone while they are skiing, they should go to the First Aid office so a chaperone can be paged.
- If your child is going to miss a day of the program because of sickness (etc.), please call the Recreation Office the day of to let us know for attendance purposes.
- Parents must send their child with their own cash to purchase food, drinks, or replacement lift tags.

NOTE: YOU MUST RETURN THE ATTACHED "RECREATION EMERGENCY FORM" AND THE "NASHOBA RELEASE FORM" TO THE RECREATION DEPARTMENT (41 COCHITUATE RD) BY **FRIDAY, DEC. 8, OR Email to Pmccarthy@wayland.ma.us IN ORDER TO PARTICIPATE IN THE SKI PROGRAM.**

Pick up & Bus Information

****Each school will have its own bus that picks your child up directly from their school. ALL buses will return to the Wayland Middle School at the end of the night for pick up****

Middle School buses will **return to Wayland Middle School** by 7:00 pm and Elementary School buses will arrive back at the middle school at 7:30pm. **Parents must arrive at the Middle School by 6:45pm so the children (and chaperones/staff) are not waiting out in the cold. PLEASE BE PROMPT.** For each minute after 7:00pm, there will be a \$1 per minute late charge payable to the head chaperone.

Due to the crowded and often times hazardous weather conditions in the parking lot at the Middle School, the following plan will be used.

- A. PLEASE ARRIVE EARLY in order to find a parking space in the main parking lot.
- B. All buses will park along the walkway towards the front entrance of the building. This allows children to disembark the bus directly onto the sidewalk where they will wait to be picked up by parents.
- C. After parking your cars, walk up to that sidewalk area to get your child/children and walk with them safely back to your car.
- D. **IMPORTANT: All parents MUST sign out their child(ren) at pick-up.** Please find the chaperone near the bus before leaving with your child.

This plan will keep children from wandering through traffic to reach parents in the parking lot. We thank you in

advance for your cooperation.

Rules & Policies

1. Discipline

- A. Unacceptable behavior, i.e., inappropriate language, screaming, disrespect to chaperons, safety violations etc., will not be tolerated. Anyone not behaving properly will be given one warning. If the problem continues, the student will be ejected from the remainder of the program without a refund.

NOTE: STUDENTS WILL ONLY RECEIVE ONE WARNING: Be sure to stress this to your child.

****** Incidents involving any physical interaction with another participant or any bullying issues will result in immediate termination from the program. Please make this clear to your children.**

- B. All children are required to ride the bus to the ski area and are **WITHOUT EXCEPTION** required to return to the Wayland Middle School on the bus. With our large enrollment, multiple buses and many chaperones, it is too difficult to allow individuals to make separate arrangements. **VIOLATION OF THIS RULE WILL RESULT IN IMMEDIATE TERMINATION FROM THE PROGRAM.**
- C. Anyone caught tampering with the Emergency Door will also be terminated from the program.

2. Accident Policy

- A. All participants **MUST** have a completed emergency form on file with the Recreation Department in order to participate.
- B. In case of minor injury, a parent will be called to have the option of picking up the child at the ski area. If the injury is considered serious by the ski patrol, the child will be transported by ambulance to Emerson Hospital in Concord, and the parent will be contacted. A Recreation staff member will meet your child at the hospital and wait until you or someone on your emergency list arrives. (Seriously injured children will **NOT** be transported by bus. This is to prevent possible further injury.)
- C. To make this accident policy work, a parent must be available at the emergency numbers supplied. Alternates will be called in case you are unavailable

3. Refund Policy

Refund requests must be submitted in writing to the Recreation Department prior to Dec. 1. After Dec. 1, no refunds will be given except for injury with a doctor's note. Program fee includes a \$75 non-refundable fee for buses.

4. Cancellations and Make-ups

- A. If a trip is cancelled because of snow or weather conditions, a make-up will be scheduled at the end of the program. Cancellation announcements due to weather conditions will be made at each school. The Recreation Department will also email families. Please be sure that your email address is correct.
- B. If a bus is cancelled due to lack of chaperones, even if other buses go, there will be no make-up.

5. Other Reminders

- A. All ski poles are to be carried point end down and all equipment securely fastened together.
- B. No cooked food - hot dogs, hamburgers, pizzas, etc., may be purchased at the base lodge after 6:00pm. No wrappers or papers of any kind are to be left on the bus.
- C. Please clearly mark all equipment and outerwear with their names.

NASHOBA VALLEY SKI AREA RULES

Ski Rules 2018



1. **SKIERS' - SNOWBOARDERS' RESPONSIBILITY CODE**
 - A. Ski under control so that you can stop or avoid other skiers and objects.
 - B. When skiing downhill or overtaking another skier, you must avoid the skier below you.
 - C. You must not stop where you may obstruct a trail, or if you are not visible from above.
 - D. When starting downhill, yield to other skiers.
 - E. All skiers should use devices to prevent runaway skis.
2. After getting off buses, do not run along the boardwalk towards rental. Runners will be sent back to the buses.
3. Do not ski a slope above your ability. Ski the same slope on which your lesson was given.
4. Ski into your lift line under control. Do not cut in line. Pair or triple up before getting into line.
5. Do not get off T-bar until after gray building at the top.
6. Clear the area at the top of the lift as soon as possible.
7. Do not stand directly under any chair lift.
8. Please do not intentionally drop or throw anything from lift. No clicking skis while riding the chair (ski may fall off and injure another skier).
9. There is no jumping, fast skiing or "tucking" down Nashoba's Slopes.
10. Crossed skis, poles, bamboo or netting block off an area for a specific reason (injured skier, snowmaking equipment etc). Please observe these warnings and do not ski near that area.
11. For child's safety, the use of a helmet is **highly** recommended while on the slopes. Bike helmets are not recommended.

PLEASE REMEMBER SAFE SKIING. LET'S ALL HAVE A FUN TIME!

Thank you,

The Staff at Nashoba Valley Ski Area